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(or anyone for that matter) may seem
insignificant, but forgiving your mother

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helped by this valuable book, which
addresses those of us who desperately
want to change but can't stop behaving

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in ways that hurt us and those we love.

Forgiving Our Parents Forgiving Ourselves - New Life

I think forgiving is healthy becoming
your parents personal life coach NO, that
is classic role reverse it does not matter
if your 6 or sixty it is never your burden
to heal your parents. They must take

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ownership of their problems and resolve to heal themselves, you becoming mommy and daddy's nurse is a sick pattern to avoid, not embrace.

Learning to Forgive Our Imperfect Parents for Their Mistakes

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